

EDMONDS SCHOOL DISTRICT
Student-Athlete Return to Campus/Athletics
COVID-19 PROTOCOLS

OUTDOOR CONDITIONING ONLY

- Beginning the week of January 18th, students will be allowed to attend outdoor-only conditioning sessions.
- The purpose is to provide a chance for athletes to work on their conditioning in preparation for upcoming sport seasons, as well as to provide an opportunity for students to engage.
- School coaches wanting to work with student-athletes during this time must meet with their HS Building Athletic Coordinator prior to scheduling any conditioning sessions.
- This open coaching period is not required of coaches or athletes. Coaches who wish to meet with athletes during this open period cannot require athletes to attend, nor in any way imply their status on the team is dependent on attending these sessions. Likewise, coaches who opt not to meet with athletes for in-person conditioning will not suffer negative consequences with regard to their evaluations or continued coaching status.

GENERAL GUIDELINES

- Sessions will be outdoors only
- Conditioning only, no equipment will be used, with the exception of cones, which will be handled by coaches only.
- Consisting of pods of 5 with 6 feet of space between participants, no contact
- Students will participate in one pod only. Multi-sport athletes will need to determine which pod they wish to condition with.
- Pods will be separated by 30 feet
- Face coverings are required of all coaches and athletes at all times, from the time they arrive on campus until they leave. All face coverings must securely cover the nose, mouth, and chin.
- Student-athletes must provide their own face coverings, and all face coverings must be suitable for daily weather conditions, e.g., cloth or waterproof masks on rainy days.
- Each school will be provided with 15 backpacks. Each backpack will be equipped with hand sanitizer, spare masks and gloves.
- Every student who signs up via the google doc by 3pm on Wednesday, January 13, 2021, will begin receiving the daily attestation form via email the following Monday. Participating coaches will also receive the daily attestation form via email. Students and coaches must submit their attestation forms by the time designated by their building to allow time for the athletic secretary to prepare a list of cleared participants to be shared with coaches and ACs each day. A laminated QR Code will be available for adult participants to complete the electronic attestation form should it be needed. Trainers will also have a touch-less digital thermometer.
- Any student athlete, with or without an attestation form, who presents with symptoms of COVID-19, and those symptoms cannot be traced to a known underlying cause, will not be admitted to outdoor conditioning.
- Athletes who arrive early will remain in their car until their session starts.
- Athletes will immediately vacate the premise at the conclusion of their session.
- Athletes who fail to follow safety protocols, including, but not limited to, the social distancing guidelines or the arrival/departure guidelines will immediately lose the privilege of participating in in-person conditioning.
- Parents/family members must remain in their cars. Only coaches and participating athletes who have been assigned to a pod can be present at the outdoor conditioning space. During

the opening week of outdoor conditioning, the COVID-19 Supervisors or designees will be in attendance to ensure compliance of all safety protocols.

- Coaches will determine the length of a session, but 60 minutes is the maximum time allotted.
- Sessions will be separated by 15 minutes to allow time to clear the premises.
- Athletes must arrive dressed and ready to go. There will be no access to locker rooms.
- Hand sanitizer will be available, and athletes & coaches will use hand sanitizer upon arrival and departure, as well as after any restroom use.
- Athletes must bring their own water bottles. Water bottles will not be shared.
- Athletes who bring athletic bags to conditioning will space their bags at least 6 feet apart in the same area as their assigned pod is meeting.
- Due to January weather, participants are encouraged to dress accordingly and to dress in layers.
- Trainers will be onsite at all times to provide first aid and assist athletes with injuries as needed. Except in emergency situations, coaches will maintain 6 feet of distances between them and student athletes. Students who, due to injury, are no longer able to participate in conditioning will, if able, drive themselves home. If unable to drive home, staff will contact the parents to pick them up. In the event of serious injury, staff will call 911.

ELIGIBILITY PAPERWORK REQUIRED:

- **All student-athletes must complete the following prior to being allowed to participate**
 - Complete Rank One Eligibility Paperwork (3 electronic forms). Please complete by 1/13/21, as this will allow building ACs and coaches to begin forming pods. These forms only need to be completed once and will be good for the entire 20-21 school year, provided your emergency/medical insurance information does not change
 - COVID-19 Waiver signed by athlete and parent/guardian. This form is available under the download and print link within Rank One.
 - Rank One Website: <https://edmonds-schools.rankonesport.com>
 - Daily Attestation form submitted electronically each day of participation
 - Physicals are not required for outdoor conditioning but will be required once sport specific tryouts start. Please look into making sure you have a current physical on file as soon as possible.

FACILITY LIMITATIONS:

- Each HS facility will determine how many pods of 5 can be present simultaneously, depending on the size of the facility being used.
- Each HS will have a plan for entering and exiting the arrival and departure of participating student athletes; said plans will be designed to minimize contact between and among participants.
- A porta potty, equipped with hand sanitizer, will be available
- Conditioning sessions held in non-lit areas of campus will conclude by 4:45pm

RECORDING AND REPORTING:

- Coaches will take attendance at every session for tracking purposes. Attendance records need to be submitted to the building AC and/or athletic secretary to be filed, per state record keeping guidelines.
- The Principal of each building is the COVID-19 Supervisor for their site and will work with the building AC to assist with reporting if necessary.
- In the event an employee does not believe the district is following COVID-19 guidance from the health department and/or Labor and Industries, to adequately protect staff or student safety, the employee will notify their supervisor. The employee shall have the right to

- remove themselves and students from the unsafe situation until such time as the safety concern is properly addressed.
- Employees have the right to union representation if there is a disagreement over proper resolution of the safety concern. The Association has the right to be involved in the resolution of any such concerns.
 - Employees have the right to file a complaint with the Labor and Industries or Division of Occupational Safety and Health (DOSH). The District will not discriminate or retaliate against an employee who files such a complaint.
 - ACs will work with coaches to create a schedule and will share this schedule with their administration and custodians.

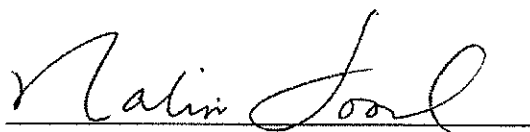
COMPENSATION:

- Coaches will be paid \$20.00 per hour. Time sheets should be submitted to District Athletic Director Julie Stroncek.
- If there is a season, even a reduced season, for the student athletes, then the coaches will receive their full compensation, with the understanding that coaches use the hours allotted to complete duties unrelated to working with/coaching athletes. One example is to complete the online fundamental coaching principles course (NFHS). Other examples include, but are not limited to, coaching workshops, other professional development, collaborating with colleagues, and planning/preparing for the next season. Any compensation received for outdoor conditioning is above and beyond the compensation for coaching during the season, reduced or otherwise.

The above provisions represent the agreement between the Edmonds School District and the Edmonds Athletics and Activities Association regarding outdoor-only conditioning sessions. Both Parties recognize that the current situation is fluid and agree to ongoing negotiations as circumstances change and/or state and/or federal expectations are updated accordingly.

Agreed to this 11th day of January, 2021.

FOR THE ASSOCIATION:



Malin Joul

FOR THE DISTRICT:



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