

SEPTEMBER 2021

School Lunch Calendar

Any questions/concerns with the menu, please contact Christy Johnson at cjohnson@spencersacredheart.com or 712-262-6428

** This menu is subject to change without notice depending on availability of product**

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast: Cereal **1**

Lunch: Chicken Patty, Crinkle Fries, Peas, Peaches

Breakfast: Waffles **2**

Lunch: Swedish Meatballs, W/Noodles, Red Pepper Slices, Broccoli, Pears

Breakfast: Mini Bagel **3**

Lunch Calzone, Carrots, Tropical Fruit

NO SCHOOL

6

Breakfast: Cereal **7**
Lunch: Walking Taco, Green Beans, Peaches. (Romaine Lettuce, Cheese)

7

Breakfast: Breakfast Sandwich **8**

Lunch: Cheese Burger, French Fries, Corn, Grapes

8

Breakfast: Granola Bar, Yogurt **9**

Lunch: Cavatini, WG Roll, Cauliflower, Pineapple

9

Breakfast: Donuts **10**

Lunch: Corn Dogs, WG Chips, Baked Beans, Pears

10

Breakfast: Pop Tart **13**

Lunch: Orange Chicken, WG Rice, Mixed Veggies, Peaches

13

Breakfast: Cereal **14**
Lunch: Egg Omelet, French toast Stick, Carrot Sticks, Strawberries

14

Breakfast: Waffles **15**

Lunch: Hot Ham & Cheese, Tater Tots, Cowboy Beans, Romaine Lettuce Salad, Apple

15

Breakfast: WG Toast, Egg Patty **16**

Lunch: Spaghetti, Breadstick, Cucumbers, Mixed Fruit

16

NO SCHOOL **17**

NO SCHOOL

20

Breakfast: Pop Tarts **21**
Lunch: Chicken Fajita Bowl, Corn & Black Bean Salsa, Peaches (shredded lettuce, cheese)

21

Breakfast: Pancakes **22**

Lunch: Chicken Patty, Potato Wedges, Carrots, Watermelon

22

Breakfast: Cereal **23**

Lunch: Mac & Cheese, Butter Bread, Romaine Lettuce Salad, Pineapple & Blueberries

23

Breakfast: Frudel **24**

Lunch: Cheese French bread, Marinara Sauce, Peas, Mixed Fruit

24

Breakfast: Waffles **27**

Lunch: Scalloped Potatoes, WG Roll, California Blend Veggies, Peaches,

27

Breakfast: Pancakes **28**

Lunch: Chicken Wrap (Shredded Cheese), Carrot Sticks, Mixed Fruit

28

Breakfast: Mini Bagel **29**

Lunch: Mr. Rib, Baked Beans, Tri-Tater, Romaine Lettuce Salad, Kiwi

29

Breakfast: Cereal **30**

Lunch: Chicken Alfredo W/Noodles, WG Garlic Stick, Broccoli, Grapes

30



** This institution is an equal opportunity provider**

All Breakfasts will be served with Milk, Fruit, and Juice. All Lunches will be served with white or chocolate milk.