BISHOP HEELAN CATHOLIC HIGH SCHOOL

Student ___________________________ Grade_________________________

WARNING AGREEMENT TO OBEY INSTRUCTIONS AND PERMISSION TO PARTICIPATE
(Both the applicant student and a parent or guardian must carefully read and sign.)

SPORTS /ACTIVITIES (initial applicable line):

- Football
- Basketball
- Track
- Volleyball
- Wrestling
- Baseball
- Cross-country
- Soccer
- Softball
- Swimming
- Tennis
- Golf
- Dance
- Cheerleading
- Power lifting

STUDENT

I am aware playing or practicing to play I participate in the above-initialed sports I activities can be a dangerous activity involving many RISKS OF INJURY. I understand that the dangers and risks of playing or practicing to play I participate in the above initialed sports I activities include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of my body, general health, and well-being. I understand that the dangers and risks of playing or practicing to play/participate in the above initialed sports I activities may result not only in serious injury, but also in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above-initialed sports I activities, I recognize the importance of following instructions regarding playing techniques, training, and other team rules, etc. and I agree to obey such instructions.

I HAVE READ AND UNDERSTAND THE FOREGOING WARNING AND AGREEMENT TO OBEY INSTRUCTIONS.

Date ________________ Year ________________ Signature of Student

PARENT/GUARDIAN

I, ___________________________ am the parent/legal guardian of ___________________________ (student).

I have read the above warning and agreement to obey instructions signed by my child/ward. I understand that all sports can involve many RISKS OF INJURY, including but not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of his I her body, general health, and well-being. I understand that the dangers and risks of my child I ward playing or practicing to play I participate in the above initialed sports I activities may result not only in serious injury, but in a serious impairment of his I her future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

I hereby grant (student) permission and approval to participate in any of the above initialed sports/activities. I understand the school's liability insurance does not cover student medical bills and that I may purchase insurance to reimburse me for some or all of the costs of medical, hospital, and other expenses which may result from injuries sustained by the above-named student while participating in the above-initialed sports I activities. (If you have purchased insurance to cover the above-named student, please provide the name of the company: ___________________________)

I HAVE READ AND UNDERSTAND THE FOREGOING WARNING AND PERMISSION TO PARTICIPATE.

Date ________________ Signature of Parent or Legal Guardian