

Sir Wilfrid Laurier Secondary School

Raising Healthy Children

(HPC 30)

Course Description:

This course focuses on the skills and knowledge needed to promote the positive and healthy nurturing of children, with particular emphasis on the critical importance of the early years to human development. Students will learn how to meet the developmental needs of young children, communicate and discipline effectively, and guide early behaviour. They will have practical experiences with infants, toddlers, and preschoolers, and will learn skills in researching and investigating questions relating to parenting.

Credit Value: 1

UNIT 1 Research and inquiry skills

Overall expectations

By the end of this course, students will:

- explore topics related to child development and child rearing, formulate questions to guide their research
- create research plans, and locate and select information relevant to their chosen topics, using appropriate social science research and inquiry methods
- assess, record, analyze and synthesize information gathered through research
- communicate the results of their research and inquiry clearly and effectively, and reflect on and evaluate their research, inquiry and communication.

UNIT 2 Child Growth and development

Overall expectations

By the end of this course, students will:

- describe factors that contribute to the healthy development of children before and during birth and in the first few months after birth
- describe patterns in the healthy social, emotional, cognitive, linguistic and physical development of children
- demonstrate an understanding of the importance of nutrition for healthy development

UNIT 3: Personal and Social Responsibilities of Parents

Overall expectations

By the end of this course, students will:

- demonstrate an understanding of how to prepare for the responsibilities of being a parent
- demonstrate an understanding of strategies parents can use to ensure effective communication in their families
- apply and assess their child rearing knowledge and skills through practical experiences with children

Unit Four: Child Rearing around the world

By the end of this course, students will:

- demonstrate an understanding of social and cultural variations in family forms and child rearing practices
- demonstrate an understanding of a variety of child-rearing practices and their effects on children
- demonstrate an understanding of common and diverse experiences of young children in a variety of cultures and historical periods.

Unit Five: Addressing Social challenges

Overall expectations

By the end of this course, students will:

- demonstrate an understanding of the challenges facing parents throughout the early childhood years
- describe strategies for building healthy relationships in order to prevent neglect and/or physical, sexual, or emotional abuse of children
- describe the roles and responsibilities of society in protecting and supporting children and families, and the responsibilities of caregivers towards children

EVALUATION

The final grade for each course:

- 70% of the grade will be based on assessment and evaluation conducted throughout the course.
- 30% of the grade will be based on a summative evaluation administered towards the end of the course. There will be a summative project worth 15% and a summative test worth 15%

Guidelines for Missed Evaluations and Academic Fraud:

- Upon missing a test or presentation, students will be required at the teacher's discretion, either to:
 - a) complete the test or presentation immediately upon return to school; or
 - b) make arrangements with the teacher for a make-up; or
 - c) write the missed test Friday morning at 7:30 of that week.

Failure to complete it according to the negotiated schedule will result in a mark of zero.

Note: Certain forms of formal summative evaluations (exams, summative project presentations, etc) are time sensitive. This means they must be completed at and within a specific time. Students must be present for these summative evaluations. Any absence will result in a mark of zero unless validated by an official certificate. (ex. Medical certificate)

- If an assignment is late or incomplete, a student will be provided with a second opportunity. Students who are provided with a second opportunity, **shall do so within five school days**. If no evidence is forthcoming after 5 days, a mark of zero will be assigned.
- Copied, borrowed or stolen work provides no evidence of learning. Teacher will document and archive the work in question. Students may be allowed to resubmit the assignment. The teacher and administrator will define the parameters for the completion of this task.
- If a student participates in **academic fraud** (e.g. cheating on tests, plagiarism in assignments), he/she is deemed not to have met the expectations associated with that particular evaluation; a mark of zero will be assigned.

Attendance Policy:

- You are responsible for catching up on class notes and completing any assignments for which you were absent.
- Your parents are required to notify the office when you are absent. If you are 18 years of age, you are required to notify the office when you are absent.

General Course Information

Text: Parenting: Rewards and Responsibilities (\$70.00)

Teacher Contact Information