Schuylkill Haven School District
LUNCH MENU
AUGUST & SEPTEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
23	**24**	**25** BREAKFAST Pop-Tart Whole Grain Cereal Fresh Fruit or Juice LUNCH A. Hot Dog B. Turkey&Cheese C. P.B. & Jelly Baked Beans French Fries Pineapples	**26** Bagel Yogurt Fresh Fruit or Juice LUNCH A. Ch. Burger B. Turkey&Cheese C. P.B.& Jelly Lettuce-Tomato Cup Potato Rounds Peaches	**27** Breakfast Grabber Fresh Fruit LUNCH A. Pizza B. Turkey&Cheese C. P.B. & Jelly Salad Fresh Veggie Choice Strawberries
30 BREAKFAST Apple Frudel Fresh Fruit or Juice LUNCH A. Ch. Steak B. Pizza C. P.B.Jelly Potato Rounds Vegetable Choice Mixed Fruit	**31** BREAKFAST Yogurt Muffin Fresh Fruit or Juice LUNCH A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (H.S.) Pears	**1** BREAKFAST Egg Omelet English Muffin Fresh Fruit or Juice LUNCH A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Mashed Potatoes Corn Applesauce	**2** BREAKFAST French Toast Sticks Fresh Fruit or Juice LUNCH A. Turkey Sub B. Pizza C. P.B. & Jelly Pickles Sun Chips Baby Carrots Mandarin Oranges	**3** BREAKFAST LUNCH School Closed
6 BREAKFAST LABOR DAY	**7** BREAKFAST Mini Muffin Whole Grain Cereal Fresh Fruit or Juice LUNCH A. Chicken Pattie B. Lebanon Bologna C. P.B. & Jelly Potato Fries Cucumbers Mixed Fruit Orange	**8** BREAKFAST Cinni Mini Fresh Fruit or Juice LUNCH A. Egg/Cheese on Croissant B. Lebanon Bologna C. P.B. & Jelly Hash Brown Baby Carrots Juice Cup Banana	**9** BREAKFAST Waffles Fresh Fruit or Juice LUNCH A. Chicken Fajita B. Lebanon Bologna C. P.B. & Jelly Lettuce-Tomatoes Cheese-Salsa Soft Pretzel Pineapples	**10** BREAKFAST Breakfast Grabbers Fresh Fruit LUNCH A. Mac & Cheese B. Lebanon Bologna C. P.B. & Jelly Stewed Tomatoes-Carrots Celery w/dip Sherbet Cup Apple Slices
13 BREAKFAST Grahman Cracker Yogurt Fresh Fruit or Juice LUNCH A. Cheese Burger B. Hot Dog C. P.B. & Jelly Lettuce Tomato Cup Potato Fries Apple Slices	**14** BREAKFAST Fruit Pancakes Fresh Fruit or Juice LUNCH A. Beef Ravioli B. Hot Dog C. P.B. & Jelly Bread Stick Salad-Cucumbers Peach	**15** BREAKFAST Breakfast Pizza Fresh Fruit or Juice LUNCH A. Hot Pockets B. Hot Dog C. P.B. & Jelly Potato Fries Green Beans Celery w/Peanut Butter Pears	**16** BREAKFAST Bagel/Spread Whole Grain Cereal Fresh Fruit or Juice LUNCH A. Taco in a Bag B. Hot Dog C. P.B.& Jelly Lettuce-Tomatoes Cheese-Slasa Soft Pretzwl Banana	**17** BREAKFAST Breakfast Grabbers Fresh Fruit LUNCH A. Pizza Wedge B. Hot Dog C. P.B. & Jelly Summer Blend Vegetables Baby Carrots Pineapples
20 BREAKFAST Choc. Chip Waffles Fresh Fruit or Juice LUNCH A. Chicken Strips w/Roll B. Chicken Pattie C. P.B.& Jelly Mashed Potatoes Corn Peaches	**21** BREAKFAST Pop-Tart Whole Grain Cereal Fresh Fruit or Juice LUNCH A. Hot Ham & Cheese B. Chicken Pattie C. P.B.& Jelly Potato Tots Celery & Carrots w/Dip Banana	**22** BREAKFAST Scrambled Eggs Fruit or Juice LUNCH A. Chicken Penne W/Broccoli B. Chicken Pattie C. P.B. & Jelly Salad - Grape Tomatoes Dinner Roll w/Spread Pears	**23** BREAKFAST Apple Turnover Fruit or Juice LUNCH A. Meatball Sandwich B. Chicken Pattie C. P.B.& Jelly Pota Fries Assorted Fresh Vegetables Apple Sauce	**24** BREAKFAST Breakfast Grabbers Fresh Fruit LUNCH A. Pierogies B. Chicken Pattie C. P.B. & Jelly Corn Baby Carrots Pineapples

*MENUS SUBJECT TO CHANGE AS REQUIRED. Choice of fresh fruits, salads and vegetables daily

Choice of 1%, chocolate and skim milk available daily