

ANNUAL EVALUATION
for
WC SCHOOL WELLNESS PLAN 2017-2018

SCHOOL Washington Co. High School
COMPLETED BY Dr. Allen Gray

On a scale of 1 – 10, with 1 being the least and 10 being the most, evaluate your school's implementation of the Wellness Plan during the 2013-2014 school year.

NUTRITION EDUCATION

1. Nutrition education was implemented into the health education and core curriculum of all grades.

1 2 3 4 5 6 7 8 9 10

2. Nutrition education was incorporated into the School Nutrition Program through signage, posters, monthly menus, or other means.

1 2 3 4 5 6 7 8 9 10

3. Students with special, documented dietary needs were served according to their needs.

1 2 3 4 5 6 7 8 9 10

4. Wellness information was made available to parents through newsletters, signage, and other forms of communication.

1 2 3 4 5 6 7 8 9 10

5. The Georgia Health Education Curriculum was followed.

1 2 3 4 5 6 7 8 9 10

In your opinion, what area(s) of nutrition education need(s) improvement in your school?

None

PHYSICAL ACTIVITY

1. Allotted time for physical education meets state standards for all grades.

1 2 3 4 5 6 7 8 9 10

2. There is adequate equipment for all students to use in physical education classes.

1 2 3 4 5 6 7 8 9 10

3. Physical education is always allowed for every student, and is never cancelled for make-up instructional time or withheld as a consequence for inappropriate behavior.

1 2 3 4 5 6 7 8 9 10

4. Students are encouraged to participate in school and extracurricular activities that encourage physical activity such as Jump Rope for Heart, Relay for Life, recreation department activities, etc.

1 2 3 4 5 6 7 8 9 10

5. Physical education includes classroom instruction and periodic fitness assessments.

1 2 3 4 5 6 7 8 9 10

In your opinion, what area(s) of physical education need(s) improvement in your school?

None

SCHOOL-BASED ACTIVITIES DESIGNED TO PROMOTE STUDENT WELLNESS

1. Student and staff practice good wellness habits, including hand washing.

1 2 3 4 5 6 7 8 9 10

2. School nurses provide training that promotes wellness.

1 2 3 4 5 6 7 8 9 10

3. Breakfast, lunch, and afterschool meals provide nutritious meals that promote wellness and are available to all students wishing to participate.

1 2 3 4 5 6 7 8 9 10

4. Staff has opportunity to participate in nutrition and physical education classes.

1 2 3 4 5 6 7 8 9 10

5. School nurse conducts regular screenings of health related issues such as hearing, vision, and scoliosis.

1 2 3 4 5 6 7 8 9 10

In your opinion, what area(s) of school based activities relating to student wellness need(s) improvement in your school?

None

NUTRITION STANDARDS OF ALL FOODS SERVED AND SOLD ON CAMPUS

1. School adheres to Washington County BOE Policy on competitive foods and foods of minimum nutritional value.

1 2 3 4 5 6 7 8 9 10

2. School lunch, breakfast, and snack meals meet most recent federal guidelines.

1 2 3 4 5 6 7 8 9 10

3. Parents and students are surveyed about their nutritional needs at school.

1 2 3 4 5 6 7 8 9 10

4. Lunch meals are scheduled as near traditional lunch times as possible and students are provided adequate time to eat the meal after being seated.

1 2 3 4 5 6 7 8 9 10

5. Outside foods and beverages brought by students and staff restrict commercial advertising.

1 2 3 4 5 6 7 8 9 10

In your opinion, what area(s) of campus nutrition standards need(s) improvement in your school?

None