Narragansett High School

Grades 9-12
Student Clubs, Athletics & Activities
For Students, Faculty, Parents & Community
Narragansett High School offers its students a wide variety of co-curricular activities, including 28 clubs and activities and 25 sports, many with varsity and junior varsity teams, which meet a range of student interests and needs.

**Athletic Eligibility**

Narragansett High School follows the guidelines set by the Rhode Island Interscholastic League. Academically, students must be taking a minimum of four classes and passing 60% of those classes to remain eligible for athletic participation.

**Narragansett High School Interscholastic Sports**

### Fall

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<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
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<tbody>
<tr>
<td>Varsity Soccer</td>
<td>Varsity Soccer</td>
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<tr>
<td>Varsity Cross Country</td>
<td>Varsity Cross Country</td>
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<tr>
<td>Varsity Football</td>
<td>Varsity Tennis</td>
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<tr>
<td>Football Cheerleading (co-ed)</td>
<td>Varsity Volleyball</td>
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### Winter

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<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
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<tr>
<td>Varsity Basketball</td>
<td>Varsity Basketball</td>
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<tr>
<td>Varsity Wrestling</td>
<td>Varsity Swimming</td>
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<tr>
<td>Ice Hockey (regional co-op team)</td>
<td>Competitive Cheerleading (co-ed)</td>
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<tr>
<td>Indoor Track &amp; Field</td>
<td>Ice Hockey (regional co-op team)</td>
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<tr>
<td>Varsity Swimming</td>
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### Spring

<table>
<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
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<tbody>
<tr>
<td>Varsity Baseball</td>
<td>Varsity Softball</td>
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<tr>
<td>Varsity Tennis</td>
<td>Varsity Lacrosse</td>
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<tr>
<td>Varsity Lacrosse</td>
<td>Outdoor Track &amp; Field (co-ed)</td>
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<tr>
<td>Varsity Golf (co-ed)</td>
<td>Unified Basketball (co-ed)</td>
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### Narragansett High School Student Clubs & Activities

#### Art Club

This after school activity is an open invitation for all students who are interested in painting murals, drawing or learning more about specific media techniques. Please come if you are available on every Tuesday that is an "A" day after school from 2:30-3:30 in room 505. This year, we hope to offer challenging but rewarding assignments and activities that will help you grow and improve as an artist. Whether
you are considering pursuing art at a higher level or art as a hobby, this is the place
to express and refine your skills.

**Chess Club**

Chess Club meets every Friday from 2:30 - 3:30. No prior experience necessary! We will begin the year with some chess practice. Then we will dive into some common strategies utilized in the game. Finally, we will participate in a Chess Club tournament amongst ourselves!

**Chorus**

Narragansett HS Chorus is an advanced level ensemble open to all who like to sing. We focus on vocal and musical development. Rehearsals are inspiring and productive, and the students are very welcoming. The NHS Chorus hosts four major concerts per year and performs for community events in Narragansett. Additionally, the Chorus travels to local and regional festivals and competitions each year. Recent successes at these festivals include Superior Ratings at the RIMEA State Choral Festival and the Festivals of Music in Boston. Recently, Chorus has also traveled to Disney World to perform. Chorus meets in several sections during the school day, and can also be taken after school as a class during Extended School Day (2:40-3:30 daily).

**Chorus: Advanced Treble**

The Advanced Treble Chorus is an award-winning ensemble that offers advanced training in vocal technique and musicianship for sopranos and altos. The repertoire includes challenging works in three and four-part harmony in multiple languages from different periods in music history. The Advanced Treble Chorus consistently wins Superior ratings at state and regional festivals, and has been selected to perform for various high-profile events. Admission to this ensemble is by audition only. Advanced Treble Chorus rehearses during TASC on Wednesdays and after school on Fridays.
**Chorus: Narratones**

Narratones (Tenor-Bass Chorus) is an ensemble open to all tenors and basses who are enrolled in Chorus. This ensemble rehearses during TASC, and performs at each major high school concert.

**Concert Band**

The NHS Concert Band is a class that meets during period 4A and 4B. All students with experience performing on wind and percussion instruments are welcome to join! If you are a beginner, it is never too late to start playing music. Just be sure to see Mr. Healey to lay out a plan to get ready before you sign up! In addition to our four major Home Concerts, the Mariner Band can also be seen performing locally at NHS Football Games, as well as at Narragansett community events, and parades. Additionally, the band travels to local and regional festivals and competitions each year. Recent successes at these festivals include Superior Ratings at the RIMEA State Band Festival and the Festivals of Music in Boston. The Band has been selected as the Most Outstanding Instrumental Ensemble at each of the last two Regional Festivals it has participated in: Festivals of Music (Boston 2017) and Music In the Parks (New York City 2016). This year, the NHS Concert Band will be traveling to Washington, DC to participate in another music festival. We’d love to have you along for the ride!

**Class Officers**

Class officers are responsible for providing leadership for their respective classes. They work closely with the administration and class advisors in determining and planning class activities. Elections for the following year are usually held in May. Each class elects a President, Vice President, Corresponding Secretary, Recording Secretary, and Treasurer. Elections are conducted by the advisor. The detailed NHS election procedure is available from class advisors.

**Color Guard**

Narragansett has a competitive Local Scholastic Regional A (LSRA) Color/Winter Guard team that is a member of New England Band Association (NESBA). This all-inclusive, co-ed team consists of members from grades 5-12. Color Guard is the Sport of the Arts,
which involves a blend of dance and theater, all with equipment like flags and sabres, making music you can see. At times we march along with the bands in parades. The competitive season starts with rehearsals and practices in the Fall, and the season ends in the Spring. For more information, please contact Joyce Campbell, coach/director @ 401-824-993.

Drum Line

The Mariner Drum Line is the heart and soul of the instrumental program during parades, football games, and spirit week! Rehearsing Monday nights from 6-8 PM, the Drum Line always lays down the groove! Members of the NHS Drum Line receive training on Marching Battery Percussion (quad toms, snare drum, bass drum and cymbals), Concert Percussion (timpani, mallets, etc), and non-traditional percussion instruments (bucket drumming, body percussion, etc).

Ecology Club

Eco Club is a community service based club. We seek opportunities to enhance the ecology and environment in our community. Some example activities may include planting trees for residents in town, distributing reusable water bottles to students, and organizing beach cleanups.

Educator Rising Club

The Educators Rising Club is open to all students who may be considering a career in the field of education. While club membership is mandatory for students enrolled in our Educator Preparation CTE Program, we welcome all students for fun and friendship. Meetings are held after school from 2:30 to 3:15pm on a weekly basis. Students will engage in service projects to support our students and teachers here at NHS. You will get to develop new skills and gain leadership experience. We will also explore the education programs at colleges in Rhode Island as well as connect with other Educators Rising students from across the country. Students may also choose to participate in competitions in order to attend the annual national conference. This club is an excellent opportunity if you want to make your voice heard to make schools more responsive and engaging to students.
**Envirotion**

Envirotion is a hands-on interscholastic competition testing student’s environmental knowledge. Expertise in five subject areas is assessed: soils, forestry, wildlife, aquatics, and a special topic that changes annually. Up to three 5-member teams attend weekly after-school training throughout the year and three state sponsored half day Saturday workshops. With the knowledge gained, students compete at the all-day state competition in May. If the team wins the state competition, they will advance to the North American Envirotion during the summer.

**Ethics Bowl**

The Rhode Island High School Ethics Bowl is an annual competition in which high school students from around the state come together to discuss ethical questions. The event is hosted by Brown University and takes place in late January. In the Ethics Bowl students are encouraged to express and develop their own ethical commitments through a careful consideration of all relevant points of view. Unlike traditional debate competitions, the goal is not to defeat your opponent by overwhelming them with arguments for your side. Instead, Ethics Bowl scoring rewards collaborative discussion, engagement with conflicting viewpoints, and generous acknowledgement of objections. We meet weekly in the fall to discuss the cases and practice the presentation and discussion format. If you like to talk and explore the issues from all angles, this is the club for you!

**Future Farmers of America (FFA)**

FFA is a national organization comprised of students enrolled in the horticulture program. Members are actively involved in educational, recreational, and leadership activities. Members have the opportunity to compete at the state, regional, and national level.

**Gansett Pride Alliance**

Our mission is to work toward a more accepting environment for all people, regardless of sexual orientation or gender identity, through education, support, social action, and advocacy. We welcome straight allies along with our LGBTQ+ students. There are two foci for this group: a social component and advocacy.
meet twice a month and organize a number of school-wide events like, "Ally Day" and, "The Day of Silence.

**Instrumental Ensemble**

Instrumental Ensemble is open to all students with a strong musical background and enthusiasm. This group will complement the Concert Band and work on literature selected by the student for solo instrument (s) or small ensembles. This organization will participate in the winter and spring concerts. Band festivals are optional. Rehearsals will be held after school on a regular basis.

**Jazz Band**

The NHS Jazz Band is an auditioned ensemble that performs in the traditional big band style. Recently, the NHS Jazz Band performed at the Chorus of Westerly Summer Pops, where they earned rave reviews while performing for a crowd of more than 10,000 people. This year, the NHS Big Band will be entering competitions for the first time at the Berklee Jazz Festival in Boston and the RIMEA Jazz Band Festival at the University of Rhode Island.

**Knitting Club**

This club is for those who can knit and crochet as well as those who would like to learn the art of knitting and crocheting. Meetings are in the Media Center every other Tuesday. Please see Mrs. Gongoleski in the media center for more information.

**Math Team**

The main purpose of the Math Team is to stimulate more sustained and intensive effort in solving math problems. The Rhode Island Math League sponsors four math meets per year where students compete with other students throughout the state for team recognition and for individual distinction. The results are published statewide and the test solutions then become available to all competitors. At the end of the season, the top teams in the state compete for the state championship, and individuals may also try out for the R.I. Math Team, which then competes at a regional...
competition sponsored by the Atlantic Regional Math League. Membership is open to all students regardless of grade level. It is recommended that students join for multiple years to better their scores.

**National Honor Society**

The Mariner Chapter of the National Honor Society is an affiliate of the National Honor Society through NHS’s membership in the National Association of Secondary School Principals. The first step toward becoming an honor society member is that a student must achieve a minimum cumulative average of 3.2 using an unweighted average or be in the top 20% of their class using a weighted average over the first two years at the high school. Having attained this average does not mean that the student is automatically a member. The honor society member must meet and maintain four pillars; the scholarship is just one. It is, however, the one that earns the student the initial invitation. The other pillars are service, leadership, and character. Student discipline logs (write-ups) and a faculty survey are used in the fall of the school year; junior and senior students who meet the requirement for membership are notified in writing.

**Newcomers Group**

These voluntary groups are for new students to the district. The emphasis is on helping students adapt to being in a new school. See Mrs. Laidler in Guidance.

**Ocean Science Bowl**

Ocean Science Bowl is an academic club that meets weekly to explore all areas of ocean science, including marine biology, geology, chemistry, physics, technology, and social issues concerning the sea. The team competes every February at the Connecticut/Rhode Island regional competition of the National Ocean Sciences Bowl. The competition has both a Jeopardy-style buzzer round and a team challenge round.
Peer to Peer Mental Health Awareness

This student group leads school-wide campaigns to raise awareness of mental health issues, reduce the stigma of mental health, and increase help-seeking behavior of individuals, and the school community.

Readers Ink!

A student-led book club that meets once every six weeks to discuss a book of the students' choosing. At our first meeting of the year we will collectively decide on our first book. Six weeks later we will meet to discuss the book, our likes, dislikes, and everything in between. We will choose another book before the end of the meeting and meet again six weeks later.

Rhode Island Honor Society

Membership in the Rhode Island Honor Society is open to those seniors who achieve an average of 85 or a cumulative grade point average of at least 3.0 at the end of the first semester in grade 12 and meet all other requirements outlined in the Rhode Island Honor Society constitution (see National Honor Society description).

Rhode Island Pharmaceutical and Biological Engineering Academy

The Rhode Island Pharmaceutical and Biological Engineering Academy is a nine-week program in which students work with a professor from the Chemical Engineering Department and her graduate students at the University of Rhode Island to design and conduct an experiment addressing chemical factors effects on tumor growth. Students will analyze their data and construct research posters that will be presented to members of the Narragansett and URI communities.

Robotics Club

The NHS Robotics club uses VEX V5 robotics components to participate in regional competitions. Through teamwork, club members engineer custom robots, configure human-interface controls, and program automated behaviors. The Robotics Club
aims to create a welcoming community open to all students. No previous experience is necessary. Robotics Club operates under the aegis of the NHS chapter of the Technology Students Association (TSA).

**Stress Management Club**

Students today are under unprecedented stress due to academic demands, busy extracurricular activities, and social media influences. This club will help students explore the physiological signs and symptoms of stress, the health effects of prolonged stress, and practice research-supported stress management and mindfulness techniques. The group will develop an atmosphere of inquiry, sharing, and fun. Join us to learn life-long healthy habits! Meetings will be held during TASC periods, will not include homework, and will provide a healthy snack.

**Student Council**

The Student Council represents the student body in matters pertaining to school government. It sponsors freshman orientation, dances, pep rallies, and homecoming events among other activities and donates to various charities during the year. All students are encouraged to attend meetings and actively participate in all activities as well as to bring issues before the council. Any student or organization interested in publicizing an activity should contact the faculty advisor. Elections for Student Council for the following year are usually held in May. Each class may send up to eight representatives to serve on Student Council. The officers are elected by grades 9, 10, and 11 and the president(s) must be a member of the upcoming senior class. There are several election guidelines that must be emphasized: 1) A student can only be elected to one position in Student Council. 2) Only those students who turn in the required petition by the designated time will have their name vetted and placed on the ballot. 3) The election takes place in Advisory. 4) In Order to be elected on the first ballot, a student must receive a majority vote. If not, a run-off election will be held. The winner will be the student with the most votes. Elections are conducted by the advisor. The detailed NHS election procedure is available from the main office and/or Student Council advisor(s).
Theatre

The NHS Theatre department puts on a minimum of one large musical annually, and often provides students with the opportunity to participate in a drama workshop throughout the year. Students in both the production and the workshop learn acting technique, voice and movement techniques, and the ins and outs of theatre, both onstage and backstage. Students who participate in the musical also receive vocal technique and dance training.

The E-Sports Team

The NHS E-sports team holds regular practices and competes in regional tournaments. This year the team is playing Rocket League. No previous experience is necessary to join the team. The E-sports group aims to create a welcoming community open to all students. And you don't have to be a dedicated team member to join in once in a while! The E-sports team operates under the aegis of the NHS chapter of the Technology Students Association (TSA).

Technology Students Association (TSA)

The TSA organization gives students opportunities to engage in a wide variety of technology, engineering, and design projects. The range of available activities includes music production, coding, information literacy, web design, video game creation, miniature racecar engineering, and more!

VAASA: Varsity Athletes Above Substance Abuse - Leadership Group

This is a group of athletes who choose not to do drugs and alcohol, and who promote healthy living and wellness. We coordinate with the SADD club. We meet as a group twice a month to play games, do team building, learn about drug and alcohol trends, develop campaigns, discuss social issues, and prepare and present to the Pier school. Every year, we attend a statewide VAASA leadership conference.
World Languages Club

The World Languages Club is a place where students can engage in cultural activities and generally learn more about the world’s traditions, foods, dances, films, etc. Students tell us what they would like to explore, and we work together on a number of different themes. It expands what they already learn in the three language courses offered at the high school, and it gives them a chance to have experiences that do not fit in the regular curriculum.

World Languages Honor Society

Membership in the World Language Honor Society is open to those students who have displayed excellence in the study of languages other than English. The purpose of this organization at NHS is to stimulate interest in the study of French, Italian, and Spanish, give recognition and scholarship for achievement in these languages, and to promote a deep understanding and appreciation of such cultures. Candidates must have an average of 90% or above in all French/Italian/Spanish courses, must have a general scholastic average of 85% for total GPA, must be currently enrolled in the sixth semester of the language, and must have the approval and recommendation of her/his world language teacher, based on consistent high academic performance and good character and scholarship in one or more of the three languages.

Yearbook Club

Yearbook Club is the perfect place to express creativity and, more importantly, make new friends! Every student’s contribution will be appreciated in June when the yearbook is delivered and handed out to students. After being trained how to use the online program, students will work independently and with partners to collect information, photos, and more to be included in the final product. Members of this club will be able to work on their assignments at school and at home. Weekly meetings will be used to coordinate layout, update details, address business, and answer questions. Throughout the year, other related tasks
will need to be done, including sales, photography, promotions, and distribution. Students of all grade levels are encouraged to join so they can be given a role in designing, promoting, and selling the yearbook as well as helping to make it successful!